

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

February 15, 2019

Issue 184

Hello Everyone,

Hope everyone had a happy valentines day we are now on the fast track to this years Brr Chills days happening February 27th & 28th and March 1st and 2nd, see the schedule on Page 8.

I will be in the office Tuesdays and Thursdays 9-3 but because of the nature of the job I may not be in the office normal hours for all other times look for the sign out front.

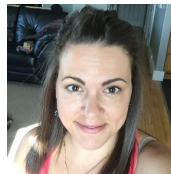
Until Next Time,

Zac Pitzel

February issues of this Birch Hills activity newsletter are sponsored by:

The Birch Tree Café
Sno-Possie
Birch Hills Health Authority

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.



Court Massage Therapy
@ Mane Event Salon & Spa

I'm Mandi Court and I've been a Massage Therapist since 2007. I now offer massage therapy out of the Mane Event Salon & Spa on Bellamy Avenue (Main Street). I do Swedish massage (relaxation), therapeutic massage (deep tissue), as well as Hot Stone Massage.

Some of the benefits of massage include reduced tension, pain reduction, headache relief, anxiety treatment, improved sleep, stress relief, improved joint mobility, boosted immune system and enhanced circulation.. Most insurance companies offer coverage for massage, and as a registered therapist I will issue receipts that can be submitted to your insurance company. With many insurance plans massages are fully covered, essentially making your treatment free!

To book an appointment call me at **306-960-0706**
Make self-care part of your 2019!

Congratulations to the women's' Provincial curling Champions, Team Silernagle . The event took place January 22nd-27th in Humbolt. The team consisted of; Coach- Lesley McEwan, Skip- Robyn Silernagle, Third-Stefanie Lawton, Second Jessie Humkin and Lead- Kara Thevenot. Thevenot raised in the Northern Lights District, was a graduate of the Birch Hills school. The team will now head to nationals February 15th in Sydney Nova Scotia after winning over Team Anderson on the last Rock in the 10th end.

February NEWSLETTER SPONSORED BY:

Birch Hills & Area Health Foundation

We need your help!

We are trying to raise \$25,000.00 to replace the Sit Tub at the Birchview Nursing Home. The present Sit Tube is very old and there is a high risk infectious control issues.

The Birch Hills & Area Health Care Foundation is a non-profit foundation that was formed in 1994 when our hospital was closed, the Birchview care home and Heath Center were amalgamated into the newly formed Prince Albert Health Care Region. The Birch Hills & Area Health Care Foundation was formed to keep control of the funds raised in our area for use in promoting health care in the Birch Hills area.

The foundation's role is to provide support for health related activities and the health facilities in Birch Hills & area, this includes the Birchview Nursing Home and the Health Center attached to it.

Our foundation is funded by tax deductible donations and bequests from local residents and supporters of our health facilities. Since our inception we have used these donations to support large and small projects, from the \$50,000.00 bed replacement project to supplying Broda chairs for the residents and \$1,000.00 education bursaries to grade twelve graduates enrolling in a health related field of secondary education. Currently we are replacing two air beds for the comfort of bed ridden residents to help prevent bed sores.

We have also supported the Rec board "Bridging the Gap" summer playground program, the Birchview facelift committee, the Birch Hills Fire Department, the Birch Hills First Responders and several other local health related organizations.

In the last ten years the foundation has donated over \$130,000.00 to support health care and healthy living in the Birch Hills Area.

As the Foundation continues to receive funding requests from our local health providers and other local groups we need to continue raising funds to support these very deserving projects.

Donations can be made to Birch Hills and Area Health Care Foundation, P.O. Box 578, Birch Hills, Sk. S0J 0G0

Birch Hills Curling Club Upcoming Bonspiels

Open February 22-23 three games guaranteed

2 Person Open - March 21 - 24 (Depending on entries) - cash prizes, Calcutta

To register, drop into the rink and sign up, or call the rink at 749-2951. To register for the senior open, you can also call or text 749-7040.

February NEWSLETTER SPONSORED BY:



The Birch Hills SnoPosse had a great turn out at our Rally on Sat Feb 9, despite the frigid temperatures. We had approximately 75 registered riders and a civic centre full of supporters who came to try their luck at winning some fantastic prizes.

The Rider and Non rider cash prize winners are as follows:

1st place Rider only: Shineen Leahy

2nd place Rider only: Bailey Braaten

3rd place Rider only: Greg Ginter

1st place Non-Rider: Keith Thibault

2nd place Non-rider: Rylan Forsyth

3rd place Non-rider: Angie Bear

We want to thank the RYSC Youth Group leader Kathy Evans and her helpers for a wonderful job of providing hot meals for our rally. The service and food prepared was top notch and have invited them to join us again next year. Thank you so much.

We want to thank our local supporters and the sponsors who helped us in our success. The sponsorship in raffle prizes allows us maintain the 3 cabins along the river for those who enjoy the sport of snowmobiling or the love of the great outdoors. At the cabin you can warm up, hang out, perhaps cook a meal and make memories with your family. These cabins have carried on family traditions for a few generations.

We hope you all had a chance to check out the new "Cabin 10", there are still some finishing touches that need to be done in the spring.

To the Sno Posse Members and other volunteers...thank you so much for all your hard work from planning, setting up/down trail, canvassing, selling hands, raffle tickets, bartending, looking after cabin/hotdogs on rally day, calling numbers, clean up. Many hands make light work says it all, you are greatly appreciated.



Please follow us on Facebook "Birch Hills Sno Posse", thank you to all who follow, share and like our page!

If you are wanting to join our Snowmobile club, we would be happy to have you join us! Message us on Facebook.

See you all at our next rally: Saturday February 8, 2020

February NEWSLETTER SPONSORED BY:

The Birch Tree Café

Homemade Burgers

Soup & Sandwiches

Authentic Asian Dishes

Fish & Chips

Everyday Special

Breakfast (till 11:00am)

Clay Oven Pizza

Cozy Atmosphere

Catering Service

Monday – Friday: 7:30AM – 7:30PM

Saturday: 11AM – 7PM

Sunday & Holiday: Closed

The Birch Tree Café@ facebook

306-749-2223

ST MARY'S ANGLICAN CHURCH

UPCOMING EVENTS

Community Lunches:

All community members are welcome to join us for lunch

Friday, March 1st

Free will offerings accepted (donations)

Lunches will be the 1st and 3rd Friday of every month until June

Next Lunch : Mar 15th



Sunday, February 17 9:00am - Morning Prayer

Sunday, February 24 9:00am - Communion with Bishop Michael

Birch Hills Curling Club

Weekly Curling

Afternoon - Tuesday 1pm

2 Person - Wednesday 2 draws 7pm & 8pm

Mixed League - Thursday 2 draws 7pm & 9pm



Birch Hills Public Library

Birch Hills Library hours:

Tues 11-4 5-9

Thurs 9-12 1-6

Storytime Thursday 1:30 - 2:15

Storytime for 3-yr olds starts Oct. 4.

Birch Hills Library Spring Gala
Guest Author & Speaker: Bill Waiser
His latest book: History Matters

Turkey Supper

Wed. March 27, 2019

More details to follow!



Annual Meeting



Birch Hills Senior Centre

Reservations Required for Supper (\$15)

To reserve, call or text 306-980-8687

or 306-749-7756 by April 6th

Tues

9

Apr 2019

Happy Hour | 5:30 PM

Supper | 6:30PM

Meeting | 7:00PM

370 Bellamy Avenue

Church Services



St. Mary's Anglican Church @ 9:00am - First Sunday in August switches to 11am

St. Anne Roman Catholic Church @ 11 am

Community Church @ 11am

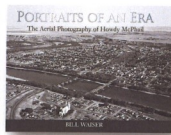
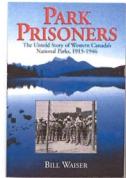
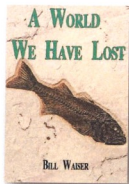
Lake Park Baptist Church @ 11am

Saron Lutheran Church by Hagen @ 9:30am

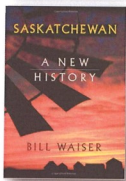
Glad Tidings Tabernacle @ 11:00am

Birch Hills Sportsground would like to thank the kids (Tyler Hood , Nick Agnew, Emma and Ethan Tessier) from Birch Hills Public School for coming out to the sportsground during their Xmas break and volunteering some time to help split firewood, In total these kids helped split over 4 cords of wood that will come in handy for Rec board and Sportsground activities. Thank you for your efforts and to the school for promoting volunteering as part of their curriculum.

*Birch Hills Public Library
Spring Gala*



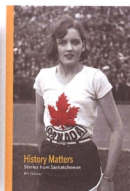
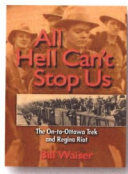
Guest Speaker:
Author and Historian
Bill Waiser



Wed. March 27, 2019
Doors open @ 6:00pm
Turkey Supper @ 6:30pm
Birch Hills Civic Centre
\$25 per person

Silent Auction
50/50
Books for Sale

Get tickets at the library
or from any library board
member.
Advance tickets only



EVERY WEEK IN THE HILLS

Open to Community

MONDAYS

Line Dancing 9:30am - 11:00am

Bowling 2:00 pm @ Seniors Hall

Dreamland Optimists Group

Fire Dept Meeting (every 2nd Mon) 7:00 pm @ Fire Hall

TUESDAYS

Moms & Tots 10:00 am-12:00 pm @ Youth Centre
\$2 drop in fee

Library Open 11:00 am-4:00 pm and 5:00 pm-8:00 pm

Knitting Grannies (2nd & 4th Tues) 1:00pm @ museum

Birchview Ladies Auxiliary (1st Tues) 11:00am

Craft Night 6:30 pm - 7:30 pm (5-12yrs) @ Library

WEDNESDAYS

Thrift Shop Open 9:00 am-4:00 pm @ Museum

Coffee 2:00pm @ Museum

Line Dancing 9:30-11:00 am @ Civic Centre

Museum Open 2:00 pm - 4:00 pm

Town Council Meetings 2nd and 4th Wed of the month

THURSDAYS

Moms & Tots 10:00 am-12:00 pm @ Youth Centre
\$2 drop in fee

Library Open 9:00 am -12:00 pm and 1:00 pm - 6:00 pm

Legion Meeting 2nd Thurs of each month 7:00 pm @ Legion (No meeting in July and August)

FRIDAY

Friday Night Youth at Youth Centre 7:30pm

SATURDAY

Thrift Shop Open 1:00 am-4:00 pm @ Museum

Coffee 2:00pm @ Museum

Senior Centre Contact: Delores Jones 749-2680

CRYSTAL SPRINGS EVENTS

Coffee Row at the Hall, 2 - 4 pm

Everyone is welcome. It is a wonderful opportunity for friends, neighbours & acquaintances to get together!

Hall available for rent, contact Lynn 306-864-8013

**Blackhawks
Hockey Windup**

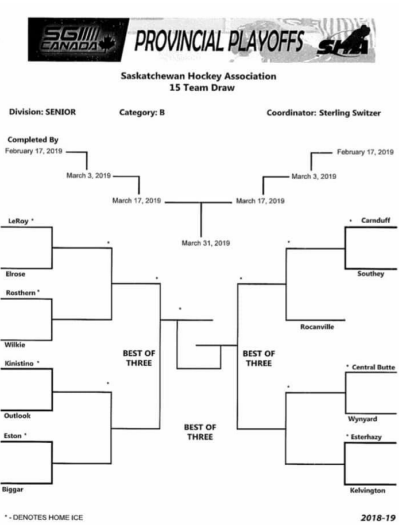


Happy Hour 5:30-6:30
Steak Supper 6:30-8:00 **\$25.00**
(Reservations required by April 1;
call or text 306-980-8687 or 306-960-9744)
Program & Social 8:00 (free admission)

Sat
6
Apr
2019

Birch Hills Civic Centre
Licensed Event

239 Bellamy Avenue, Birch Hills

Upcoming Events

February

- 18 - Birch Hills Museum Potato Super
- 22 - Historical Society AGM
- Feb 27-Mar 2 - Brr Chills Days

March

- 1 - World Day of Prayer @ 2 PM
- 8 - 9 - Gooser hockey tournament
- 16 - Shamrock Shaker 2 @ BH Civic Centre
- 20 - Skating Rink AGM
- 21 - 24 - 2 Person Open Bonspiel
- 27 - Birch Hills Public Library Spring Gala

April

- 7 - Lions Hockey Draft - Location TBD
- 9 - Birch Hills Golf Club AGM
- 13 - Lions Club Spaghetti Supper @ BH Civic Centre

Birch Hills Community Lutheran Brethren Church Invites you to:

Sunday Morning Worship
11:00am at the corner of 4th and Bellamy

Tuesday & Friday Morning Moms and Tots
10:00am - Noon at the Youth Centre Drop In \$2

Thursday Evening Kaiser, Crib and Game Night
7:00pm at the Youth Centre

Friday Night Youth
Age 12 and up
7:30pm at the Youth Centre

Saturday Morning Coffee Row
7:00am - 10:00am at the Youth Centre

Upcoming Games:

The Blackhawks have advanced to the semi-finals; however, pairings and game dates/times will be decided after February 16-17 weekend. Please watch Facebook, check the website www.trhl.ca and look for posters and the sandwich board for game information. Go Hawks!

SGI Canada Provincial Playoffs - Eight of the Blackhawks' players (Matthew Laturas, Tristyn Stevenson, Derek Becker, Beau Stevenson, Cole Jones, Brayden Stevenson, Tyler Tilford and Cody Folstad) and 1 coach (Todd Becker) have joined the Kinistino Tigers to play in SGI Canada's SHA Provincial Senior B Men's Playoffs.

Saturday, February 9th – Kinistino at Outlook - game tied 4-4

Saturday, February 16th - Outlook at Kinistino 7pm



RECYCLE

Please Share your Newsletter with a friend. Send request to birchhillsrec@sasktel.net to receive the news letter online.

BRRR CHILLS WINTER FESTIVAL

FEBRUARY 27,28 March 1,2

Wednesday FEBRUARY 27th

2pm-4pm BIRCH HILLS MUSEUM and Thrift Shop

Strawberry Shortcake and Museum Tours.

Thursday FEBRUARY 28

2:30PM BIRCHVIEW HOME WINTER CARNIVAL

Friday MARCH 1

4:00PM MAC'S CREEK TOBOGGANNING

WEST ON GOLF COURSE ROAD - WATCH FOR SIGNS

WELNER ROAST, HOT CHOCOLATE, BONFIRE & FIREWORKS - NO CHARGE

SPONSORED BY: BARRY'S ROCK & DIRT, EVANS & EXCAVATING, R.M. OF BIRCH HILLS, WINDING RIVER COLONY, Philip Mansiere Enterprises



Saturday MARCH 2

3:pm Snowga located at the new multiplex parking lot.

Then head over to main event studio after for tea and coffee. (Sponsored by Quayle's Pharmacy)

The rink board is holding their annual general meeting at the arena March 20th @ 7 PM. The rink board is currently looking for someone to fill a vacant spot on the board.

The Farm Project would like to thank: Steve and Brent Adams, Michael Farms and Trever and Layton Elsasser for Supplying equipment to take the wheat bag in.

Birch Hills Volunteer Fire Department

Fundraising Calendars \$25 each

Available from any Volunteer Firefighter

All proceeds to purchase needed equipment.



Birch Hills Classes

Located inside the Mane Event Salon and Spa

Monday:

5:30-6:30pm Vinyasa flow

6:45-8:00pm Yin

Thursday:

9:00-10:00am Gentle Flow

3:30-4:15pm Kids Yoga (7-10)

Beginners Welcome in all classes!

Yin and Gentle Yoga are a great place to start

For more information, follow PASH Yoga on Facebook and Instagram

Or email Megan at pashprojects@outlook.com

Birch Hills Seniors News

Carpet bowling is still popular on Mondays at 2pm. Thursday games day is a lot of fun. So far we have been playing, Chase the ace, sticks, crokinole, shuffleboard and scrabble. We have many games in our cupboard we just need more people to join us.

Seniors Game Day is on Thursday at 2pm, coffee and snacks included for a \$2.00 drop in fee. Need a ride call 749-2500.



Gift certificates are still available for that perfect birthday! Message us for details or contact the Rec Office @ 306 749-7451 texting included.....or text/call Lorisa @ 306 749-7756. E-TRANSFERS AVAILABLE @ email address birchhillsrec@sasktel.net

Just a reminder about our installment payment program for the payment towards your 2019 player membership! Start now....and pay the final payment by May 1st to ensure your player membership at the #1 - 9 hole Course in the province! (My rating of course - but shared by many others!).

And - our Early Payment of player green fees at 2018 rates applies also! Pay your full player fee by April 15, 2019 and avoid any increase to 2019 player fees.

Lorisa Ganes
306 749 7756

What if feeling relaxed and calm was easier than you thought?? TRY REFLEXOLOGY!

Treatments now available at the Mane Event Salon & Spa. Call Mackenzie at 306-961-1386 to book. @peacelovehealing

"Come- Everything is Ready" Celebrate World Day of Prayer 2019- Slovenia with us.

at Saron Lutheran Church, Friday, March 1,2019 @ 2 p.m. Coffee and

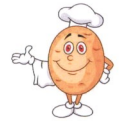
fellowship to follow.

Any questions, please call at 1-306-423-5458.



NOTICE !

Birch Hills Museum
Events



CELEBRATE FAMILY DAY

MON. Feb. 18th – POTATO SUPPER – 5pm

Adults \$10.00 Preschool Free 6 Yrs to 10 Yrs - \$5.00

Takeout Available 749-2262

Birch Hills Historical Society

ANNUAL GENERAL MEETING

FRI. Feb. 22nd

Museum Basement

SUPPER 5pm – MEETING TO FOLLOW

Everyone Welcome

The Birch Hills Golf Course has seasonal employment opportunities for 2019 as follows:

Course maintenance workers (full time & part time) - must be physically fit and experience with riding mowers, tractors and other "farm related" equipment would be a definite asset.

Clubhouse reception/sales and kitchen staff (full & part time) - must have Food Safe certificate and Serve it Right certification (or be willing to take course; online is available) and provide proof of certification, prior to employment.

Please submit resumes to email address: birchhillsrec@sasktel.net or lganes@sasktel.net no later than March 16, 2019, or drop off at Birch Hills Recreation Office on Bellamy Ave by March 15th, 2019.

FOREMAN – RM OF BIRCH HILLS NO. 460

DATE POSTED: February 1, 2019

The Rural Municipality of Birch Hills No. 460 is accepting applications for a full-time, year-round working foreman position with the municipality.

Assets for this position would include good management skills, organizational skills and communication/ interpersonal skills.

Applicants must have a Class 1A license and have skills and experience in maintenance and operation of heavy equipment including grader, loader, track hoe, gravel truck, tractor & mower, scraper, loader, etc.

Key Duties will include but are not limited to the following:

- ability to schedule and prioritize work and report to Council regularly on activities and related issues
- provide direction and supervision regarding the maintenance of municipal infrastructure as well as organizing and assigning employees' schedules and tasks while ensuring safety procedures are followed and maintained
- grading, maintaining & building roads, mowing, hauling gravel, snow removal, installing culverts, installing signs, servicing equipment and other duties as directed by Council.
- managing and ordering shop inventory, maintaining and overseeing public works logs and inspection reports

Qualifications:

- Valid driver's license. Class 1A license required.
- Good organizational, communication and record keeping skills.
- Solid leadership skills and the ability to work well with staff, Council, ratepayers, contractors, suppliers, etc.
- Geographical knowledge of the RM an asset.
- Experience in road construction an asset.
- Previous experience as a Foreman an asset.

Your resume should include:

Past and present work experience, education and skills, references and a current driver's abstract

Please forward your resume to the address below prior to February 28, 2019.

RM of Birch Hills No. 460

Box 369

Birch Hills, SK S0J 0G0

Email: rm460@sasktel.net

Fax: 306-749-2220

For further information please call the municipal office at 306-749-2233.

We thank all applicants, but only those selected for an interview will be contacted. Thank you for your interest in working for the RM of Birch Hills.

Town of Birch Hills

seeks

Town Foreman

The Town of Birch Hills invites application for a permanent position of Public Works Foreman.

The successful candidate will oversee the public works department staff and will be expected to work effectively as a team or with limited supervision.

The ideal candidate shall require strong leadership skills, good oral and written communication skills, good decision making skills, and adequate mechanical skills. This position involves operation of Water Treatment Plant, Sewage Lift Station, grader and loader operation, light equipment operation and general public works duties.

Qualifications include:

Level 2 Water Treatment and Distribution

Level 1 Waste Water Treatment and Collection

Grade 12 education or equivalent

Valid Class 5 driver's license

Experience operating equipment

Applicants without certification may be considered and training will be provided. Ongoing training is essential and will be provided.

This position offers a SUMA Benefits package, Municipal Pension Plan and a salary which is dependent on experience and qualifications. Applicants are asked to submit a detailed resume outlining experience, qualifications, education, references and expected salary, by 4:00 pm on February 22, 2019 to:

Town of Birch Hills

Box 206

BIRCH HILLS SK S0J 0G0

Fax: (306) 749-2545

Email: birchhills.town@sasktel.net

Only candidates selected for an interview will be notified.

Town of Birch Hills

seeks

Town Maintenance Worker

The Town of Birch Hills invites applications for the full-time position of Public Works/Maintenance employee.

This position will require the applicant to:

- Possess a grade 12 or equivalent
- Possess a valid driver's license
- Have strong interpersonal, communication and public relations skills
- Have equipment operation experience and adequate mechanical skills
- Maintain and keep up equipment
- Clean and maintain streets
- Be willing to obtain pesticide applicator license
- Be willing to participate in education workshops
- Be willing to participate in ongoing training
- Back up water operator

The Town seeks an energetic, ambitious person with a great work ethic and the ability to work independently and as part of a team. Good public relations are essential.

The successful applicant will take direction from the Town Foreman, with duties as assigned.

This position offers a SUMA Benefits package, Municipal Pension Plan and a salary which is dependent on experience and qualifications. Applicants are asked to submit a detailed resume outlining experience, qualifications, education, references and expected salary, by 4:00 pm on February 22, 2019 to:

Town of Birch Hills

Box 206

BIRCH HILLS SK S0J 0G0

Fax: (306) 749-2545

Email: birchhills.town@sasktel.net

Only candidates selected for an interview will be notified.