



HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

November 1st, 2019

Issue 201

RM of Birch Hills No. 460 –

APAS Representative

The RM of Birch Hills No. 460 became APAS members in 2019. APAS is an agricultural organization that represents the views of a wide variety of agricultural stakeholders. They lobby the government on your behalf.

We are looking for an agricultural producer from the RM of Birch Hills to be the local representative to attend meetings on behalf of the agricultural producers in our area. Please submit a letter to the RM office by November 15, 2019 if this is of interest to you.

RM of Birch Hills No. 460

Box 369

279 Bellamy Avenue

Birch Hills, SK S0J 0G0

306-749-2233

Email: rm460@sasktel.net

November issues of this Birch Hills activity newsletter are sponsored by:

BIRCH HILLS HISTORICAL SOCIETY

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

FIGHT the

FLU CLINIC
BIRCH HILLS PUBLIC SCHOOL
Birch Hills
Wednesday
November 6, 2019
3:30—7:00 pm

FLU!
FIGHT
FLU

PROTECT YOUR PATIENTS and your **FAMILY** this flu season

- ▶ The free flu vaccine will be available starting October 21, 2019.
- ▶ The best way to protect our patients, our families, our co-workers and ourselves is through vaccination and regular hand washing. Get your shot early for best protection.
- ▶ Please report. If you choose to get your flu shot outside of work, please let your local Employee Health team know. Call-in or email your proof of vaccination.

Clinics start October 21 A complete listing of flu clinics offered by the Saskatchewan Health Authority can be easily accessed at www.flu.ca or by calling HealthLine 811.

BIRCH HILLS/HARPERVIEW
COOLIDGE – HEATHERDELL
HISTORY BOOK

" SALE "

\$15.00 each

Or

2 for \$25.00

Birch Hills Historical Society Phone 306-749-2262 or Marilyn at 306-749-2286

OCTOBER NEWSLETTER SPONSORED BY:

Heartbeat sponsored by Birch Hills Historical Society

We look back on the many accomplishments of the Birch Hills and District Historical Society as 2019 winds down.

We can be especially proud of the museum, the grounds and the displays. A dedicated group of volunteers take pride in keeping everything neat and trim.

The Thrift Shop and coffee room are great assets. Having them open on a regular basis is something people can count on. Open 9 am to 4 pm on Wednesday and 1 pm to 4 pm on Saturday, with coffee on both days.

The museum is open 2 to 4 pm on Wednesdays or by appointment.

We are looking for people to serve on the Board of Directors. We meet monthly on the first Wednesday at 2 pm.

We belong to the North East Museums Network and recently hosted the fall meeting of 18 members.

Congratulations to the RM of Birch Hills on their new "Digs". Thanks for purchasing community history books for your office.

If your group would like a museum tour, call 749-2500 for an appointment.

NOTICE:

*The Museum Christmas Store
opens on Wednesday
Nov. 13 at 9am*



Sale:

*Birch Hills (Harperview), Coolidge,
Heatherdell History Book
\$15.00 each or 2/\$25.00 available at
the Museum – 306-749-2262*



The Thrift Shop accepts clean used clothing, books, bedding, knick-knacks, and kitchen ware. No – furniture or electronics.

ST MARY'S ANGLICAN UPCOMING EVENTS

Community Lunches:

All community members are welcome to join us for lunch

Friday, November 1st

Next Lunch : November 15th



Sunday, November 3rd

11:00am - St. Mary's, Birch Hills - Trinity XX

Sunday, November 10th 11:00am - St. Mary's, Birch Hills - Trinity XXI

Birch Hills Public Library

Birch Hills Library hours:

Tues 11-4 5-8
Thurs 9-12 1-6

Storytime began Thurs Oct 24th at 1:30-2:15
Ages 3 & 4

Also stay tuned for an upcoming Home School Program for kids 5yrs+.



Birch Hills Tradeshow

Saturday November 2nd - 10am - 2pm

Birch Hills Civic Centre

Tables \$25 each

Lunch provided by Birch Hills Guiding Association

Please contact Audrey at kam@sasktel.net for table rental.
Table must be prepaid prior to the trade show.

Crystal Springs Rec Co-op

Coffee Row
@ the Hall
Nov 6th
2 pm - 4 pm
Everyone
Welcome!

BINGO
Every Tuesday
starts @
7:30 pm

You Are Invited to

WELLNESS PRESENTATION

Tuesday, Nov. 12th at 2:30 p.m.

Senior's Hall

Presentation by Shelley Carriere, Rec Coordinator of the Birchview Nursing Home

Also - time to be allocated to all Seniors for any Questions or Concerns they may have - which our Board members will do their very best to address or find answers for you.

We do look forward to having you join us!

Coffee and a light lunch to follow

The Birch Hills Senior Housing Board

Church Services



St. Mary's Anglican Church @ 11am

St. Anne Roman Catholic Church -Sunday at 9:00am from October to the end of January

Community Church @ 11am

Lake Park Baptist Church @ 11am

Saron Lutheran Church by Hagen @ 9:30am

Glad Tidings Tabernacle @ 11:00am

Thank you all for helping me

- Bike Bob

BlackHawks Hockey Vs. Clavet



Home-Opener
at the Hesje
Centre



Sun
10
Nov
2019

Time | **2:00pm**

2nd Street, Birch Hills



SHA Referee Division official Clinic a@ the Birch Hills arena Sunday, November 17th from 8:30 AM until 1:30PM. All officials that wish to be registered for the 2019/2020 season must attend a Saskatchewan clinic.

Birch Hills Cowboy Church @ Community Centre 1st Sun of each month

Next Service

Sunday, 7:00pm



Featuring Country Gospel Music with

Pastor Rick Martin (981-2235)

Potluck Cookies & Cake to follow

All are Welcome

Birch Hills Volunteer Fire Department

Fundraising Calendars \$25 each

Available from any Volunteer Firefighter

All proceeds to purchase needed equipment.



EVERY WEEK IN THE HILLS Open to Community

MONDAYS

Bowling 2:00 pm @ Seniors Hall

Dreamland Optimists Group

Fire Dept Meeting (every 2nd Mon) 7:00 pm @ Fire Hall

TUESDAY

Library Open 11:00 am-4:00 pm and 5:00 pm-8:00 pm

Knitting Grannies (2nd & 4th Tues) 1:00pm @ museum

Birchview Ladies Auxiliary (1st Tues) 11:00am

WEDNESDAYS

Thrift Shop Open 9:00 am-4:00 pm @ Museum

Moms & Tots Birch Hills Community Church from 10-12.

Coffee 2:00pm @ Museum

Line Dancing 9:30-11:00 am @ Civic Centre

Museum Open 2:00 pm - 4:00 pm

Town Council Meetings 2nd and 4th Wed of the month

THURSDAYS

Library Open 9:00 am -12:00 pm and 1:00 pm -6:00 pm

Games at the Senior Hall 2pm.

Legion Meeting 2nd Thurs of each month 7:00 pm @ Legion (No meeting in July and August)

FRIDAY

Moms & Tots Birch Hills Community Church from 10-12.

Friday Night Youth at Youth Centre 7:30pm

SATURDAY

Thrift Shop Open 1:00 am-4:00 pm @ Museum

Coffee 2:00pm @ Museum

Senior Centre Contact: Delores Jones 749-2680

RECYCLE

Please Share your Newsletter with a friend.

Send request to birch-

hillsrec@sasktel.net to receive the news letter online.



EMO Coordinator Position

[The Town of Birch Hills and RM of Birch Hills No. 460 are jointly looking for a qualified individual to fill the position of Emergency Management Organization \(EMO\) Coordinator. The responsibilities for this position are as per below:](#)

Emergency Management Organization (EMO) Coordinator Responsibilities

- Ensuring that the Emergency Operation Center (EOC) is ready for use on short notice;
- Prepare and maintain annually – EOC Kits;
- Co-ordinate all EOC activities, including the scheduling of regular meetings training and training exercises;
- Ensure the Emergency Management/Response Plan is current and reviewed annually;
- Activate the emergency notification system through the fan-out list;
- Open the master event record and ensure that it is maintained for the duration of the emergency;
- Provide technical assistance about the Emergency Management/Response Plan, its procedures and resources;
- Ensure all directions from the Mayor/Reeve and Council are carried out;

Maintain a record of all action taken.

Please submit your resume with qualifications to the following address by December 9, 2019 at 12 noon:

Town of Birch Hills	or	RM of Birch Hills No. 460
126 McCallum Avenue		279 Bellamy Avenue
Box 206		Box 369
Birch Hills, SK S0J 0G0		Birch Hills, SK S0J 0G0
birchhills.town@sasktel.net		rm460@sasktel.net

Upcoming Events

November

- 2 - Birch Hills Trade show
- 2 - BH School Football Semi finals Vs Wynyard
- 2 - BH School Sr Girls volleyball Conference
- 4 - Dart League Meeting
- 4 - Beginners Line Dancing Class
- 10 - BH Blackhawks Home Opener vs Clavet
- 11 - Remembrance Day
- 17 - SHA reffing clinic @ arena
- 23—Weldon Trade show
- 23 - St. Mary's ACW Cookie Walk and Tea

Birch Hills Community Lutheran Brethren Church Invites you to:

Sunday Morning Worship

11:00am at the corner of 4th and Bellamy

Tuesday & Friday Morning Moms and Tots

10:00am - Noon at the Youth Centre
\$2 Drop In

Friday Night Youth Age 12 and up

7:30pm at the Youth Centre

Saturday Morning Coffee Row

7:00am - 10:00am at the Youth Centre

October Birchview Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

November 2019
Extra calendars on Recreation Desk

Weldon Fall Tradeshow

November 23, 2019

10am-2pm

Tables are \$20

To book a table please contact Chelsey Erickson @

(306)864-8084

"The Step outs would like to invite anyone interested in line dancing to attend our Monday, November 4th beginner class from 9:30 to 11:00 at the birch hills civic centre. We have a good variety of musical selections, and dancing is great exercise. We usually get in a few laughs and there is coffee afterwards. No experience necessary!!!!"

St. Mary's ACW

Annual Cookie Walk
& Christmas Tea

Cookies, Baking
& Meat Pies for Sale

Saturday, November 23rd

2:00pm to 4:00pm

255 McCallum Ave
Birch Hills, SK

Thank you to all the family and friends for all the love and the support you have shown with the passing of our beautiful daughter, Grace Michelle Markowsky.

-Terry & Ralph Galambos and Family

REMEMBRANCE DAY SERVICE

Monday November 11th

Birch Hills Civic Centre

Service begins at 10:40am. Please be seated by 10:30am.

If you would like to lay a wreath, contact Wayne Boyle @ 749-3219.



New Winter Dart League information Meeting

Royal Canadian Legion Branch 122

Monday Nov 4, 2019 7:30 PM

All persons welcome

To discuss dates, formats etc.

If not available on the 4th please e-mail John Herd
johnherd@gmail.com

The Ecumenical Ingathering Service for the Fellowship of the Least Coin will be held at the Condo on McCallum on Friday, November 1 at 3 p.m. All are Welcome! We Lift Our Voices is this year's theme.

An offering of Least Coins will be forwarded to Women's Inter-church Council of Canada. Hosted by the Birch Hills United Church Women. The Fellowship of the Least Coin is an international ecumenical movement of prayer for peace, justice and reconciliation.

It began in 1956 when the wounds of World War II were still sore and the victims of the nuclear bomb attack on Hiroshima and Nagasaki were not able to forgive the allies. Christian women in the USA felt the urge to seek reconciliation with the people of these war-torn countries. An international team sponsored by the Presbyterian Church women in the USA was instrumental in the movement to pray for peace and reconciliation. They realized that practical action of peace was required and to bring this about they needed to build a peace fund. When women were asked to pray for peace and reconciliation they were asked to put a coin in a money box. It was decided that each woman should only offer the least coin of the currency of her country and there should be no competition about "who collected more". The poor village woman and her urban sister would pray and offer equal amounts. This was how the movement for peace came to be called "Fellowship of the Least Coin".

The International Committee for the FLC meets annually to make grants for the coming year, for projects that benefit women throughout the world. Grants for Canada are listed in the World Day of Prayer booklets. For more information the Women's Inter-Church Council of Canada website is wicc.org



Classes starting November 5
Tuesday evenings
Birchview Recreation Room

DA Yoga

Beginner Yoga If yoga sounds interesting to you but you are unsure, this class is for you! Learn foundational poses, breath practice and meditation in this gentle restorative class! 6:25 - 7:10 pm

Vinyasa Yoga Develop balance, strength, flexibility and meditation skills in a flow class & explore yoga benefits on your health. 7:15 - 8:30 pm

6 class session discounts or Drop in—\$12.00/class
Instructor—Dawne Adams, 200 hr yoga teacher training (2016)

CALL/TEXT OR EMAIL FOR FURTHER INFO 306-961-9073/DMADAMS@SASKTEL.NET

HELP PLAN FOR THE FUTURE

Rural Municipality
of
BIRCH HILLS
No. 460

We want to hear from you!

Please join us at a Community Planning Open House:

Wednesday, November 20, 2019
RM Office

279 Bellamy Avenue, Birch Hills
Drop-in anytime between 2:00–7:00pm

This is a come-and-go event with a short overview presentation every hour. We welcome your input in the RM's Official Community Planning process. This includes creating a community-wide vision, goals, and policies aimed at improving the long-term success of the RM of Birch Hills.

For more information please contact:
Cherie Opseth, Administrator at the RM Office
☎ 306.749.2233 ✉ rm460@sasktel.net

Our Professional Planners, Prairie Wild Consulting Co.
☎ 306.371.7719 ✉ samantha.mark@prairiewildconsulting.com

Everyone is welcome. Refreshments provided.