

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to **birchhillsrec@sasktel.net**

February 15th 2020

Issue 228



New Clubhouse Donations Welcome

Donations may be made by:

1. Cash or cheque at the Birch Hills Golf Course
2. Cash, cheque, debit or credit at the Birch Hills Town Office
3. Cheques mailed to Birch Hills Golf Course, Box 280, Birch Hills, SK, S0J 0G0 or
4. E-transferred to birchhills.town@sasktel.net (please specify that it is for the Golf Course and include your name and mailing address so we may issue tax receipts.)

Donations over \$20.00 will receive an official tax receipt; cheques must be made out to The Town of Birch Hills with the memo field stating "Golf Clubhouse Fund".

February issues of this Birch Hills activity newsletter are sponsored by:

THE BIRCHTREE
BIRCH HILLS SNO-POSSIE
JOHN HERD ACCOUNTING

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.



BRRRCHVIEW WINTER FESTIVAL



Crowning of our
Prince, Princess,
King & Queen will take place



Monday, March 9th, 2:30 pm

Winter Activities, Competitions,
Bannock & Refreshments
to Follow



Monday Dart Night

@ The Legion

@ 7 PM

Legion Members and Guests welcome

Lon Borgerson



NDP Candidate

Batoche

lon@saskndp.ca FB/Lonborgerson

BACKGROUND

- ❖ Family farm roots
- ❖ Lifelong educator - teacher, principal, director of education
- ❖ SUNTEP/U of S instructor
- ❖ Former MLA (Sask. Rivers)
- ❖ Former Cabinet Minister (Regional Economic & Cooperative Development)
- ❖ 2 daughters, 3 granddaughters
- ❖ Rural home near MacDowall

"We raised our daughters in rural Saskatchewan for the quality of life and strong sense of community... I will work hard for your community."

FEBRUARY NEWSLETTER SPONSORED BY:

JOHN HERD

IT'S INCOME TAX TIME

DEADLINE for contributing to your 2019 RRSP is MARCH 02, 2020.

I have my own spreadsheet which can calculate the TAX savings for different RRSP contributions INSTANTLY. This is a FREE service for my clients.

SENIORS: If you live in Birch Hills and you have a SIMPLE TAX RETURN (Old Age slip, Canada Pension Slip, 1 Bank slip and/or 1 Pension from work slip) I WILL DO YOUR TAXES FOR FREE. (Seniors deserve a break)

In addition to all sorts of PERSONAL TAX RETURNS, I do SMALL CORPORATIONS and FARMS.

Give me a call at 306-749-7337 to set up an appointment.

The Birch Tree Café
Clay Oven Pizza / Homemade Burger/ Fish & Chips
& Authentic Asian Dishes
Everyday Special
306-749-2223 or
Facebook Message TheBirchTreeCafe@Facebook

The Birch Hills Sno Posse hosted the 25th Annual Snowmobile Rally on Feb 8, 2020. We had 176 registered riders.

Rider Hand winners were: 1st place Riley Gordon

2nd place: Kerry Lemoal

3rd place: Jordyn Forsyth

Non Rider Hand Winners: 1st place Keith Merasty

2nd place Todd Devenis

3rd place Bradley Brown

The winner of the Sno Posse Fridge was from Rosthern.

We want to thank all our sponsors who donated prizes for our event, without your support none of this is possible. Also, we want to thank the Birch Hills Day Care for the food service they provided, they did an outstanding job, hats off to all your volunteers who assisted in making a successful day. See you all next year, save the date for February 13, 2021!

Follow us on Facebook.

Thank you

Birch Hills Sno Posse Snowmobile Club



ST MARY'S ANGLICAN Church UPCOMING
EVENTS

279 McCallum Avenue

Community Lunches:

All community members are welcome to join us for lunch



Friday, February 21st

Next Lunch : March 20th

Sunday, February 16th 4:00pm – Sexagesima

Sunday, February 23rd 4:00pm – Quinquagesima

Sunday, March 1st 4:00pm – First Sunday in Lent

Follow us on Facebook at
www.facebook.com/bhkmparish



Birch Hills Public Library

Birch Hills Library hours:

Tuesday noon – 8:00 pm
Thurs 9:00 am – 1:00 pm
Friday 1:00 pm – 5:00 pm

Story and youth time Thurs
morning 10:30 – 11:15



NOTICE

Birch Hills Historical Society A.G.M.

Friday, February 21st at 5:00 pm

In Museum Basement

Pot Luck Supper

Followed by Annual Meeting

Everyone Welcome

WE would like to thank RBC and PA Community Foundation for the generous grant to host "Ambassadors of Reconciliation".



AMBASSADORS OF RECONCILIATION
Conflict Resolution vs Reconciliation Seminar

February 28-29, 2020

We all experience conflict in our relationships. Whether it is conflict with family members, conflict in marriage or conflict at work. Wherever it is, when faced with conflict we often resort to attacking the other person or trying to escape, and things get worse. We all hate conflict, *but what if things could get better?*



This Seminar from "Ambassadors of Reconciliation" will teach you to apply the Biblical principles of Reconciliation to the conflicts you face in everyday life. It is designed to give you skill to address conflict at home, in your community, or in your business. Through this seminar you will learn to view conflict in a new light and will be given the skills to face it, rather than fall into fight or flight mode.

Who is it for?

This Seminar is open to everyone in the community, and is FREE of charge. It is for anyone who would like to learn skills to strengthen his or her relationships. We all need help sometimes.



We do ask that you please pre-register to attend.

How do I Pre-Register?

You can pre-register by calling Pastor Clint Knutson 306-749-2478 or if you have any questions please give him a call!



Where Is It? Birch Hills Community Church

When? FRIDAY, February 28 6:00 pm - 9:30 pm
SATURDAY, February 29 8:00 am - 2:30 pm



For more information about the "Ambassadors of Reconciliation" please see their website: www.aorhope.org

Church Services



St. Mary's Anglican Church @ 4:00pm

St. Anne Roman Catholic Church @ 11:00 am February to the end of May

Community Church @ 11am

Lake Park Baptist Church @ 11am

Saron Lutheran Church by Hagen @ 9:30am

Glad Tiding s Tabernacle @ 11:00am

Thank you to:



For Sponsoring February 9th
Guaranteed \$500 50/50

Go Hawks!



Congratulations
to Theresa Sjor-
dan on winning
TLC Daycare
Inc.'s February
Trip of the
Month!!!



From Head to Toe

- Weddings & Grads
- Jeans & Tees
- Footwear
- Swimwear
- Intimate Wear

We've got you covered
Sizes xs - 3x

Dress well with Gisele
UP CLOTHES AND PERSONAL STYLES FOR YOU

818 Main Street Melfort
306-921-5111

Birch Hills Cowboy Church @ Community
Centre 1st Sun of each month

Next Service

Sunday, 7:00pm

Featuring Country Gospel Music
with

Pastor Rick Martin (981-2235)

Potluck Cookies & Cake to follow

All are Welcome



Thank you all for helping me

- Bike Bob

EVERY WEEK IN THE HILLS Open to Community

MONDAYS

Beginner line dance 9:30 AM @ Civic Cen-
tre

Bowling 2:00 pm @ Seniors Hall

Fire Dept Meeting (every 2nd Mon) 7:00
pm @ Fire Hall

Dart League 7 pm @ legion

TUESDAY

Walking Club 9 am—11 am

Library Open 12-4 pm 5-8pm

Knitting Grannies (2nd & 4th Tues)
1:00pm @ museum

Birchview Ladies Auxiliary (1st Tues)
11:00am

WEDNESDAYS

Thrift Shop Open 9:00 am-4:00 pm @
Museum

Moms & Tots Birch Hills Community
Church from 10-12.

Coffee 2:00pm @ Museum

Line Dancing 9:30-11:00 am @ Civic Cen-
tre

Museum Open 2:00 pm - 4:00 pm

Town Council Meetings 2nd and 4th
Wed of the month

THURSDAYS

Walking Club 9 am—11 am

Library Open Thurs 9 - 1

Games at the Senior Hall 2pm.

Legion Meeting 2nd Thurs of each month
7:00 pm @ Legion (No meeting in July and
August)

Kaiser and Crib Night 7:30 at BHCC

FRIDAY

Moms & Tots Birch Hills Community
Church from 10-12.

Library Open 1 - 5 pm

Friday Night Youth at BHCC 7:30pm

SATURDAY

Thrift Shop Open 1:00 am-4:00 pm @ Mu-
seum

Coffee 2:00pm @ Museum

Senior Centre Contact: Delores Jones 749
-2680

RECYCLE

Please Share your Newsletter with a friend.

Send request to birchhillsrec@sasktel.net to
receive the news letter online.



Provincial Hockey BlackHawks vs. Biggar



Guaranteed \$500 50/50 courtesy:

Vivid Painting

Brock Tilford
306-749-7708

Derek Fjeld
306-930-1091

Sat
29
Feb
2020

Time | 7:00pm
Licensed Beverage Garden

Hesje Centre
2nd Street, Birch Hills



The Birch Hills Blackhawks have advanced to the 2nd round of provincials, defeating Unity 4 to 3 in overtime and 5 to 1. They will play the Biggar Nationals of the Sask Valley Hockey League. Game dates and times are still being established; our home game is scheduled for Saturday, February 29th at 7:00pm. Vivid Painting will be guaranteeing that evening's \$500 50/50. We will be taking a bus to Biggar so watch for details on Facebook or call or text 306-980-8687.

In Twin Rivers Hockey League Action, Birch Hills is up 1 game to 0 in a best of 3 series vs. Hague after a 6 to 3 victory in the game 1. Game 2 will have been played on Friday, February 14th in Hague. Game 3 (if necessary) is at the Hesje Centre, Birch Hills on Sunday, February 16th at 2:00pm.

Please watch for posters around town and also follow the Blackhawks on Facebook (Birch Hills Sr. Blackhawks) to find out game results and to see who and when we are playing. Go Hawks!

Upcoming Events

February

- 21 - Historical Society AGM
- 28&29 - Ambassador of Reconciliation
- 29 - BH Seniors vs Biggar

March

- 9 - Winter carnival @ BirchView
- 11 - Skate with Bert
- 12 - Dinner and Games @ Senior Hall
- 13 - Sledding Hill
- 13&14 - Goosers Tournament
- 14 - Pancake Breakfast @ Civic Centre
- 15 - Learn to Curl

Birch Hills Community Lutheran Brethren Church Invites you to:

Sunday Morning Worship

11:00am at the corner of 4th and Bella-my

Wednesday & Friday Morning Moms and Tots

10:00am - Noon at the BHCC \$2 Drop In

Thursday Kaiser and Crib Night

7:30 at BHCC






Friday Night Youth Age 12 and up

7:30pm at the BHCC

Saturday Morning Coffee Row

7:00am - 10:00am at the BHCC

February Birchview Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2020						
<i>Extra Calendars are on the Recreation desk!</i>						
Eleanors' Bday '29  2:30- Glad Tidings	2 10:30- Making Cabbage Rolls 2:30- Horse Racing	3 11:00- Ladies Auxiliary Meeting 2:30- Community Church	4 Renee in meeting 12:30-4 2:30- Olive & Friends 6:30- Riverside Jigging Troop	5 10:30- Table Game 12:30 Army & Navy	6 10:30  2:30- BINGO	7 8
9 10:30- Stretchercize 12:30 Jam Session @ PA Heritage Center	10 10:30- Valentine's  2:30- Baptist Church (Communion)	11 10:30- Valentine's 1:00 Coop Liquor Store	Iris' Bday '30 12 10:30- Assembling Valentine Goodies 2:30- Wes Stubbs	13 10:30- Theme Bingo w Gr 4's friends 2:30- Wes Stubbs	(Krista)  2:30- Alice & the Fiddler <small>Valentine's Day</small>	Ruth's Bday '39 15
16 2:30- Glad Tidings	17 STAT HOLIDAY No Recreation <small>Presidents' Day (US)</small>	10:45 'Nickel's Corner' Restaurant 2:30- Anglican Service	18 10:30- Painters Club 2:30- JOB Mates Birthday Party	19 Lunch Club 2:30- Ralph Galambos	Elsies' Bday '37 20 10:30- Helping Hands 2:30- BINGO	21 22
23 10:30- Resident Council 2:30- Bottling & sampling a little wine 	10:30- Stretchercize 2:30- Roman Catholic Church <small>Mardi Gras</small>	25 10:30 Walmart	26 10:30-  2:30- Joanne's Kitchen	27 10:00 Wapiti Ski Valley 2:30- BINGO	 28 29 <small>It's a Leap Year!</small>	1 8

Playoff Hockey BlackHawks vs. Hague



Best of 3 Series
Birch Hills leads series 1-0
Game 2: @ Hague
Friday, February 14th 8:30pm
Game 3: @ Birch Hills (if needed)
Sunday, February 16th 2:00pm

Sun
16
 Feb
 2020

Time | 2:00pm
Licensed Beverage Garden

Hesje Centre
 2nd Street, Birch Hills



ANNUAL COMMUNITY GRANTING

Prince Albert & Area
 COMMUNITY FOUNDATION INC.

The COMMUNITY FUND'S granting priorities for 2020 will focus on benefitting "children, families and less advantaged communities."

- HEALTH – Advancing the physical and mental well-being of individuals and families
- EDUCATION – Enhancing lifelong learning and educational opportunities
- SOCIAL DEVELOPMENT – Creating caring, safe and supportive environments for healthy social development
- CAPACITY BUILDING – Supporting innovation that strengthens the community's capacity to care for itself
- ARTS AND CULTURE – Supporting the growth and preservation of arts and cultural activities
- ENVIRONMENT – Resolving or preventing environmental and wildlife issues

Applicants MUST be a Registered Charitable organization, or be sponsored by one, to be funded.

The full GRANT APPLICATION FORM may be accessed on the website of the Prince Albert & Area Community Foundation Inc. www.pafoundation.ca under the "Granting" tab
 • You may also email our office requesting a copy of the Application.

These funds are offered by PAACF and UNITED WAY for Granting in Prince Albert & surrounding area.

DEADLINE is March 13, 2020

Prince Albert & Area Community Foundation Inc.
 P.O. Box 291 Prince Albert, SK S6V 5R5
 Email – pafoundation@sasktel.net website – www.pafoundation.ca

BRRR CHILLS WINTER FESTIVAL

March 9-15 2020



Monday March 9th 2:30PM

Birchview Home Winter Carnival

Wednesday March 11th 4:30-6:00

Skate With Bert Face Painting By TLC Daycare

Thursday March 12th 11:00AM

\$5 Soup and Sandwich Lunch Fundraiser and games at the Senior hall

Friday March 13th 7:00PM

MAC'S CREEK TOBOGGANNING

WEST ON GOLF COURSE ROAD - WATCH FOR SIGNS

WELNER ROAST, HOT CHOCOLATE,

BONFIRE & FIREWORKS - NO CHARGE

SPONSORED BY: BARRY'S ROCK & DIRT, EVANS & EXCAVATING,, WINDING RIVER COLONY,

Friday March 13th 7:00PM

Goosers Rec hockey Tournament

With Beer Garden

Saturday March 14th

Pancake Breakfast hosted by the

Library @ the civic Centre

12:00PM

Goosers Rec Hockey Tournament

With Beer Garden

Sunday March 15th TBA

Learn to Curl

Time for The Pancake Breakfast and Curling have not been confirmed check Facebook for updates

2020 World Day of Prayer

Feature Country: Zimbabwe

Friday March 6th

2:00 to 4:00 P.M.

St. Anne's Roman Catholic Church

279 McCallum Avenue

Birch Hills, Sask.

Everybody is welcome!

Contact Person: Donna (306 314 5672)

Curling

News

Upcoming Events

Two Person

March 20 -

22

Call the Rink

@ 749 - 2951

Crystal Springs Rec Co-op

2020
Coffee Row
@ the Hall

Mar 4th
2 pm - 4 pm

Everyone
Welcome!

2020 Dates:

Apr 1st

May 6th

Jun 3rd

Jul 8th

Aug 5th

Sep 2nd

Oct 7th

Nov 4th

Dec 2nd

2020
Poker Rally

A HUGE
success!!
Thank you to
all our
sponsors,
volunteers,
riders &
visitors!!



Starts
Apr 7th



SENIORS TECH BUDDY PROGRAM



10:00am - 11:00am - Internet Fraud and Safety Presentation

11:15am - 12:15pm - Student Support (one on one help with technology)

Wednesday, April 1st, 2020

St Joseph's High School

(115 Nelson Road) Free Transportation if needed

\$10 fee to cover administration costs

Phone 306-652-2255 or email student@scoa.ca



Connect - Engage - Thrive

To register call 306-652-2255	To register call 306-652-2255	To register call 306-652-2255	To register call 306-652-2255	To register call 306-652-2255	To register call 306-652-2255
----------------------------------	----------------------------------	----------------------------------	----------------------------------	----------------------------------	----------------------------------

The Birch Hills Golf Course has seasonal employment opportunities for 2020 as follows:

Course maintenance workers (full time & part time) - must be physically fit and experience with riding mowers, tractors and other "farm related" equipment would be a definite asset.

Clubhouse reception/sales and kitchen staff (full & part time) - must have Food Safe certificate and Serve it Right certification (or be willing to take course; online is available) and provide proof of certification, prior to employment.

Please submit resumes to email address: birchhillsrec@sasktel.net or lganes@sasktel.net no later than March 15, 2020, or drop off at Birch Hills Recreation Office on Bellamy Ave by March 13th, 2020.



UNIVERSITY OF SASKATCHEWAN



Saskatchewan Health Authority

Let's Talk Fall Prevention!

Come, share your experiences with falling and learn tips on what you can do to prevent falls and related injuries.

Date: February 27th, 2020
Location: Birchview Home, 7 Wilson St. Birch Hills, SK

- 11:00 a.m. Welcome and focus group on your experiences of falling, assessment and care*
- 12:30 p.m. Nutrition Break
- 1:00 p.m. Risk factors for falling - Daphne Kemp (SHA)
- 1:30 p.m. Tips on improving balance - Dr. Cathy Arnold (U of S)
- 2:00 p.m. Wrap up and Questions

Lunch and coffee provided

* Participation in the focus group is part of a research project approved by the University of Saskatchewan's Behavioral Ethics Review Board and conducted by Dr. Arnold and Ms. Kemp to help guide fall prevention care in Saskatchewan. Participants will receive a small honorarium for participating.

The lunch and afternoon session is FREE and open to both focus group participants and the public. Please pre-register by contacting one of the numbers below.

For more information, please contact: Study Phone Line: 306-966-8619
Local Contact: Ms. Heather Dyck 306-749-7873 HjDyck@sasktel.net
Or: Dr. Cathy Arnold @ 306-966-6588 cathy.arnold@usask.ca



Metis Local #43
hosting a
Crib Tournament

Saturday, March 7, 2020 at 10 am

Weldon Auditorium meeting room

\$5 per person/scramble teams

Text or phone Joe 941-9311 by February 29 to register

assorted prizes lunch for purchase

Everyone welcome!



Saskatchewan Hockey Association
16 Team Draw

Division: Senior Category: C Coordinator: Kyle Hoiem

Completed By



* - DENOTES HOME ICE

2019-20